

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MC Memory Care (1st Fl) MP Multipurpose Rm (1st Fl) B Bistro (1st Fl) DR Dining Rm (1st Fl) L Lobby (1st Fl) CR Craft Rm (2nd Fl) GR Game Rm (2nd Fl) T Theater (3rd Fl) FC Fitness Ctr (3rd Fl)	10:00 - Morning Seated Stretch (FC) 1 10:30 - Men's Group (DR) 11:00 - "Stronger Together" Support Meeting - All are welcome. (MR) 2:00 - Women's Coffee (B) 3:00 - In-House Manicures (B) 3:30 - Left, Right, Center (CR)	10:30 - Bus: Head to the Poll! (L) 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 1:00 - Movie Matinee: Hidden Figures(T) 1:30 - Bus: Head to the Poll: Voting & Ice Cream (L) 2:00 - Parkinson's Support Group (MR) 3:00 - BINGO! (B)	* Mani/Pedi Services by appt.* 3 10:00 - Coffee, Donuts, & Chronicles (B) 11:00 - Spiritual Study: Children's Misinterpretations (B) 3:00 - Group Physical Therapy w/ Mallory (FC) 4:00 - CRAFT: Flag Swag Door Deco(CR)	10:00 - Virtual Bowling Game (MR) 4 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 1:00 - Activities Program: Bring your Highlighter! Month Planning (B) 2:00 - Bingo (B) 3:00 - Take-Home Brain Games (CR)	* Trixie's Salon Services by appt.* 5 10:00 - Morning Seated Stretch (FC) 11:00 - Resident Walking/Birdwatchers Club (Library) 11:00 - Hymn Sing (B) 1:30 - Popcorn & Movie: South Pacific (T) 3:30 - Happy Hour: Island outfits! (B)	1:00- Resident Led - Open Pool Game (GR) 6 3:00- Virtual Bowling Game (MR)
9:30 - Lutheran Church of Hope Livestreamed Service (T) 7 10:30 - Social Hour & Downton Abbey TV Series (GR) 3:30 - Social Hour: Puzzles & "The Durells in Corfu" TV Series (GR)	10:00 - Morning Seated Stretch (FC) 8 10:30 - Men's Group (DR) 1:00 - Bible Study w/ Angela of Redemption Hill Church (B) 2:00 - Women's Coffee (B) 3:00 - In-House Manicures (B) 3:30 - Left, Right, Center (CR)	10:30 - Bus: Olive Garden (L) 11:00 - Resident Walking/Birdwatchers Club (Library) 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 1:00 - Movie Matinee: My Big Fat Greek Wedding 3 (T) 1:30 - Bus: HyVee (L) 3:00 - BINGO! (B)	10:00 - Coffee, Donuts, & Chronicles (B) 10 10 -10:30 Hearing Aid Servicing (L) 11:00 - Spiritual Study(B) 3:00 - Group Physical Therapy w/ Mallory (FC) 4:00 - LEARN: Manta Rays (B)	10:00 - Virtual Bowling Game (MR) 11 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 2:00 - Bingo (B) 3:30 - Resident Led Council (B)	10:00 - Morning Seated Stretch (FC) 12 11:00 - Resident Walking/Birdwatchers Club (Library) 11:30 - LEARN: Black Cowboys in History (B) 1:30 - Popcorn & Movie: Beach Party (T) 3:30 - Happy Hour (B)	1:00- Resident Led - Open Pool Game (GR) 13 3:00- Virtual Bowling Game (MR)
10:00- Catholic Communion (T) 14 10:30 - Social Hour & Downton Abbey TV Series (GR) 2:00- Lutheran Church of Hope Sunday Recast (T) 3:30- Social Hour: Puzzles & "The Durells in Corfu" TV Series (GR)	10:00 - Morning Seated Stretch (FC) 15 10:30 - Men's Group (DR) 11:00 - "Stronger Together" Support Meeting - All are welcome. (MR) 2:00 - Women's Coffee (B) 3:00 - In-House Manicures(B) 3:30 - Left, Right, Center (CR)	10:30 - Bus: IHOP (L) 16 11:00 - Resident Walking/Birdwatchers Club (Library) 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 1:00 - Movie Matinee: Documentary - Lucy & Desi (T) 1:30 - Bus - Target (L) 3:00 - BINGO! (B)	* Mani/Pedi Services by appt.* 17 * Podiatrist On-Site by appt. 1-2PM* 10:00 - Coffee, Donuts, & Chronicles (B) 11:00- Bible Study: The fathers (MR) 11:30 - Short Story Oration by Shane (B) 3:00 - Group Physical Therapy w/ Mallory (FC) 4:00 - Volunteer Event: Meals from the Heart! (B)	10:00 - Virtual Bowling Game (MR) 18 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 12:30-1:30 - Lawn Games & Ice Cream Sundaes in the backyard (DR) 2:00 - Bingo (B) 3:00 - Mary Kay (B)	* Trixie's Salon 8:30-2PM by appt.* 19 10:00 - Morning Seated Stretch (FC) 11:00 - Resident Walking/Birdwatchers Club (Library) 11:00 - Hymn Sing (B) 1:30 - Popcorn & Movie: Let Him Go (T) 3:30 - Happy Hour (B)	1:00 - Resident Led Social: Open Pool Game (GR) 20 3:00 - Virtual Bowling Game (MR)
Flag Day (U.S.) 21	10:00- Morning Seated Stretch (FC) 22 10:30- Men's Group (DR) 1:30- Open Door w/ Idonis(B) 2:00- Women Coffee (B) 3:00 - In-House Manicures (B) 3:30- Left, Right, Center (CR)	10:30- Bus: Pappajohn Sculpture Pk (L) 23 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 11:00 - Resident Walking/Birdwatchers Club (Meet in the Library) 1:00- Movie Matinee: Temple Grandin(T) 1:30 Bus: Fareway Meat & Grocery (L) 3:00 - BINGO! (B)	10:00- Coffee, Donuts, & Chronicles (B) 24 11:00 - Spiritual Study (MR) 1:30 - Decorate for Birthday Party! (B) 2:00- May Birthday Celebration w/ cake & Ice Cream! (B) 3:00 - Group Physical Therapy w/ Mallory (FC)	10:00 - Virtual Bowling Game (MR) 25 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 2:00 - Bingo (B) 3:00 - Volunteer Event: Meals from the Heart! (B)	10:00 - Morning Seated Stretch (FC) 26 11:00 - Resident Walking/Birdwatchers Club (Meet in the Library) 11:30 - B4 Lunch Game: Don't Go Over It's all about the numbers!!! (B) 1:30 - Popcorn & Movie: The Terminator (L) 3:30 - Happy Hour: New Resident Welcome (B) OPUS 3 Happy Hour Live Music	1:00 - Resident Led Social: Open Pool Game (GR) 27 3:00 - Virtual Bowling Game (MR)
10:00- Catholic Communion (T) 28 10:30 - Social Hour & Downton Abbey TV Series (GR) 2:00- Lutheran Church of Hope Sunday Recast (T) 3:30- Social Hour: Puzzles & "The Durells in Corfu" TV Series (GR)	10:00 - Morning Seated Stretch (FC) 29 10:30 - Men's Group (DR) 2:00 - Women's Coffee (B) 2:30 - In-House Manicures (B) 3:30 - Left, Right, Center (CR)	10:30- ALDI (L) 30 11:00 - Resident Walking/Birdwatchers Club (L) 11:00 - *Morning Seated Stretch (MC) * Tuesdays/Thursday exercise now in Legacy Court Memory Care! 1:00- Movie Matinee: Welcome Home (T) 1:00 Bus: Firebirds Steak & Seafood (L) 3:00 BINGO! (B)	<h2 style="margin: 0;">June 2026</h2> <p style="margin: 0;">More coming this month, watch for details- "Wheels Wash" - Sprinklers and Soap Bubbles, time to get those wheelchairs and walkers washed! This will become our annual event!</p>			

*Schedule subject to change * RSVP book is found at the dining room entrance on the wall ** Culinary Suggestion/Comment Box found in Lobby ** Meadowview Programs comment/suggestion box located in the lobby*