

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MP = multipurpose room (1st floor)
B = bistro (1st floor)
DR = dining room (1st floor)
L = lobby (1st floor)
CR = craft room (2nd floor)
GR = game room (2nd floor)
T = theater (3rd floor)
FC = fitness center (3rd floor)

January 2026

Happy 2026 New Year!

Rose Bowl New Years Parade:
10 AM Channel ABC (**Bistro**)

New Years Day

2	11:30 - B4 Lunch Trivia (B) 1:30 - Movie: An American in Paris (T) 3:30 - Happy Hour: Welcome the New Year! (B)	3	Weekly Take & Play Game Bundles - Crosswords, Sudoku, Mind Challenges (Game Room)
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4	9:30 - Hope Lutheran Streamed Church Service (T) 3:30 - Weekend Social: Puzzles & TV Series "The Chosen" (GR)	5	10:00 - Seated Dancercise (FC) 10:30 - Men's Group (DR) 2:00 - All hands: Christmas Decorations: Clean-up & Storage (L) 3:30 - Left, Right, Center (CR)	6	10:30 - Lunch @ Early Bird 11:30 - January Trivia! (B) 1:00 - HyVee 1:00 PM - Matinee Movie: The Blues Brothers (T) 3:00 - BINGO! (B)	7	10:00 - Coffee, Donuts, & Weekly Chronicle (B) 10:30 - Bible Study: Gods Guidance for a N.Y. (MP) 2:00 - Craft: Snowflakes! (CR) 3:00 - Group Exercise w/ Physical Therapy (FC)	8	10:00 - Morning Stretch (FC) 11:00 - Explore: Jack London's Alaska (B) 2:00 - Bingo (B) 3:30 - Root Beer Floats (B)	9	*Hair Services 9-12* 11:30 - B4 Lunch Trivia (B) 1:30 - Movie: The 2nd Best Marigold Exotic Hotel (T) 3:30 - Happy Hour w/ Sunlight Cares Group (B)	10	Weekly Take & Play Game Bundles - Crosswords, Sudoku, Mind Challenges (Game Room)
11	10:00 - Communion (T) 2:00 - Hope Lutheran Church Service Recast (T) 3:30 - Weekend Social: Puzzles & TV Series "The Chosen" (GR)	12	10:00 - Seated Dancercise (FC) 10:30 - Men's Group (DR) 2:00 - Women's Coffee (B) 3:00 - Manicures (B) 3:30 - Left, Right, Center (CR)	13	10:00 - Walmart 1:00 - Painted Tree Boutique 2:00 - Game: Where in the World?? (B) 3:00 - Wine & Cheese BINGO (B)	14	10:00 - Coffee, Coffee Cake, & Weekly Chronicle (B) 10:30 - Bible Study: Courage (MP) 2:00 - Travelogue: Alaska (B) 3:00 - Group Exercise w/ Physical Therapy (FC)	15	11:00: Get to know you craft: Stuff Valentines Hearts w/ New Director Shannon! (CR) 2:00 - Bingo (B) 3:00 - Church Service (T) 3:00 - Circle Sing, Music & Shoulder Massage w/ Jeane Blume (MR)	16	10:00 - Morning Stretch (FC) 11:30 - B4 Lunch Trivia (B) 1:30 - Movie: High Spirits (T) 3:30 Happy Hr. : Yacht Rock (B)	17	Weekly Take & Play Game Bundles - Crosswords, Sudoku, Mind Challenges (Game Room)
18	9:30 - Hope Lutheran Streamed Church Service (T) 3:30 - Weekend Social: Puzzles & TV Series "The Chosen" (GR)	19	10:00 - Seated Dancercise (FC) 10:30 - Men's Group (DR) 3:00 - Learn: The voice heard around the world - M.L.K. JR. (B) 3:30 - Left, Right, Center (CR) Martin Luther King Jr. Day	20	10:30 - Fareway 11:30 - Noodle Ball (L) 1:00 - Blue Zoo Aquarium \$14 2:00 - DEMO- Sugar pulled roses by Shawn (B) 3:00 - BINGO! (B)	21	10:00 - Coffee, Donuts, & Weekly Chronicle (B) 10:30 - Bible Study: How the Bible Came to Be (MR) 2:00 - Discussion: From Selma to Montgomery (B) 3:00 - Group Exercise w/ Physical Therapy (FR)	22	10:00 - Morning Stretch (FC) 11:00 - Activities Forum: New Director Introduction (B) 2:00 - Bingo (B) 3:00 - Ice cream Sandwiches (B)	23	*Hair Services 9-12* 11:00 - Weekly Trivia (B) 1:30 - Movie: It's Complicated (T) 3:30 - Happy Hour - New Resident Welcome!! (B)	24	Weekly Take & Play Game Bundles - Crosswords, Sudoku, Mind Challenges (Game Room)
25	10:00 - Communion (T) 2:00 - Hope Lutheran Church Service Recast (T) 3:30 - Weekend Social: Puzzles & TV Series "The Chosen" (GR)	26	10:00 - Seated Dancercise (FC) 10:30 - Men's Group (DR) 1:30 - Resident Council (B) 2:00 - Women Coffee (B) 3:00 - Manicures (B) 3:30 - Left, Right, Center (CR)	27	10:30 - 1:00 - Botanical Garden Walk & Lunch @ Flora (L) 1:30 - Target (L) 2:00 - Craft: 8 x10 Photo Frame Decoupage (CR) 3:00 - Cheese & Wine BINGO (B)	28	10:00 - Coffee, Coffee Cake & Weekly Chronicle (B) 10:30 - Bible Study: Touch the Face of God (MR) 2:00 - Ian. Birthdays Party! (B) 3:00 - Group Exercise w/ Physical Therapy (FC)	29	11:00 - Quick Game - Noodle Ball (B) 2:00 - Bingo (B) 3:00 - Mind Game Exchange (B)	30	10:00 - Morning Stretch (FC) 11:00 - Weekly Trivia (B) 1:30 - Movie: The King and I (T) 3:30 - Happy Hour: Theme - Rhinestones & Cowboys! (B)	31	Weekly Take & Play Game Bundles - Crosswords, Sudoku, Mind Challenges (Game Room)