

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Denise V	2 10:30- Walking Group, <b>L</b> 1:30- DIY Snowflake, <b>CR</b> 3:30- Left, Center, Right, <b>CR</b> Jess C	3 10:15- OWLS @ Jester Park 1:30- Holiday Decorating Day Peggy C Marilyn C	4 10:00- Coffee and Donuts, <b>B</b> 1:30- Bingo, <b>B</b> 3:00- Group Exercise, <b>FC</b> 6:30- Christmas Carolers visit Meadowview and Ice Cream, <b>B</b>	5 10:30- Coloring Group, <b>B</b> 1:30- Support Group, <b>B</b> 3:00- Blank Slate, <b>B</b> Salon Day	6 10:00- Puzzle Social, <b>GR</b> 1:30- Chase the Ace Card Game, <b>B</b> 3:30- Happy Hour w/entertainment by Vintage Cafe, <b>B</b>	7 11:00- Big12 Football Championship Game on ABC 1:00- Iowa(M)@Michigan on FS1 6:00- Iowa (W) vs. Tennessee on FOX Sports 7:00- BIG 10 Football Championship Game on CBS
8	9 11:00- Waveland Cafe 2:00- Decorate Gift Bag, <b>CR</b> 3:30- Left, Center, Right, <b>CR</b>	10 10:15- Fareway Trip 1:30- DIY Ornament, <b>CR</b> 3:00- Canasta, <b>B</b> 5:30- Christmas Lights Drive	11 10:00- Coffee and Donuts, <b>B</b> 10:00-11:00: Waukee Hearing Aid Center in bistro 11:00- National Stretching Day: Stretching Group, <b>B</b> 2:00- Dominoes, <b>B</b> 8:00- Iowa vs. Iowa State (W) on FS1	12 10:30- Church Service, <b>B</b> 2:00- Movie: Best Christmas Pageant Ever, <b>T</b> 6:30- Iowa State vs. Iowa (M) on FS1	13 10:30- Walking Group, <b>L</b> 2:00- Bingo/Lawson Students, <b>B</b> 3:30- Happy Hour, <b>B</b> Deddeh K	14
15 11:00- Iowa (W) @ Michigan State on BIG 10 Network 12:00- Iowa State(M) vs. Omaha- CBS Sports Network 1:00- Iowa (M) vs. New Orleans on BIG 10 Network	16 10:00- Coffee and Donuts, <b>B</b> 1:00 Target Shopping Trip 3:30- Left, Center, Right, <b>CR</b> Ed P	17 10:30- Walking Group, <b>L</b> 2:00- Baking Day, <b>B</b> 7:30- Iowa State (W) @UConn on FS1	18 10:00- Shuler Christmas Program! @ Shuler Elementary- sign up!! 1:30- Christmas Card Making, <b>CR</b> 3:00- Group Exercise, <b>FC</b>	19 10:00- Coloring Group, <b>B</b> 2:00- Fort Des Moines Presentation, <b>B</b> 3:00- Card Game, <b>B</b> Salon Day	20 11:00- Seated Volleyball, <b>FC</b> 1:30- Sequence, <b>B</b> 3:30- December Birthday Happy Hour, <b>B</b> *College Football First Round*	21 *College Football First Round* 4:00- Iowa State (W) @Oklahoma State on ESPN 2 5:00- Iowa (M) vs. New Hampshire on BIG 10 Network Winter Begins
22	23 11:00- Bennigan's Lunch 2:00- Corn hole beanbag toss, <b>FC</b> 3:30- Left, Center, Right, <b>CR</b>	24 10:30- Walking Group, <b>L</b> 1:30- Christmas Music Bingo, <b>B</b> 3:00- Ice Cream Social, <b>B</b>	25 Merry Christmas! Hanukkah Begins Christmas	26 10:30- Fareway Trip 1:30- Kings on the corner, <b>B</b> 3:00- Group Exercise, <b>FC</b> Boxing Day (Canada) Kwanzaa	27 10:00- Coffee and Donuts, <b>B</b> 1:30- December Trivia, <b>B</b> 3:30- Happy Hour, <b>B</b>	28
29 Bistro- <b>B</b> Craft Room- <b>CR</b> Fitness Center- <b>FC</b> Game Room- <b>GR</b> Theater- <b>T</b> Lobby- <b>L</b> Multipurpose- <b>MP</b> Dinning Room- <b>DR</b>	30 10:30- Walking Group, <b>L</b> 1:30- Resident Meeting, <b>B</b> 3:30- Left, Center, Right, <b>CR</b> 6:00- Iowa(M)@Wisconsin- FS1 8:00- Iowa State (M) @Colorado- CBS Sports Network	31 10:30- Blank Slate, <b>B</b> 1:30- Bingo, <b>B</b> 3:00- NYE Happy Hour, <b>B</b> *Football Quaterfinals* New Year's Eve				